

The Social Prescriber role plays a key part within the Primary Care Network (PCN). GP's can refer to this service and is available across Frimley ICS.

GP Refers patient to Social Prescribing

Social Prescriber



We assess needs for individuals with health and wellbeing needs and link to sources of appropriate, non-clinical support in the community

We are part of a wider multidisciplinary team of people from physical health, mental health, primary care and social care input

General Support

We focus on 'what matters to me' - taking a holistic approach to people's health and wellbeing. Connect people to community groups, clubs and statutory services in their local community for practical and emotional support too.

We help residents find and access community based health improvement opportunities using an asset-based approach.

Groups and Activities

We connect people to community groups and activities - improving physical, social, mental wellbeing and reducing the likelihood of social isolation.

Connect to organisations

We can signpost and connect with statutory and community organisations that can help with social care, family, housing, debt and employment issues.

We link to...

volunteering - arts activities - group learning - gardening - befriending - cookery - healthy eating advice - physical activity - food banks, - finance and benefits - adult learning opportunities - home independent services - psychological therapies and more.

"We can keep the referrers informed on outcomes"

Outcomes

"Empower individuals and give them the confidence and support necessary to make and sustain a change".



Improved health & wellbeing



Improved self care



Improved social connections