

Challenging Conversations Espresso – Thursday, 25th November, 9:30-11:00

This is for leaders who want to engage in healthy dialogues with their colleagues and may need to plan for some difficult conversations. This maybe particularly relevant for managers and team leaders and we welcome those in additional roles in Primary Care.

For more information and to book [click here](#)

Understanding Trauma in Healthcare – What leaders need to know about how to support their staff and themselves – Thursday, 2nd December, 9:30-11:00

Designed for leaders who would like to understand what trauma looks like through the lens of inclusion and equality and how it can impact your staff and yourself.

[Click here](#) for more information and to register.

Leading without Authority Masterclass – Tuesday, 7th December 10:00-11:30

This masterclass provides some protected 'headspace' and 'thinking time' for busy practice managers, primary care practitioners and other key primary care colleagues.

For more information and to book [click here](#)

Ways of Thinking About Change in PC - Tuesday, 7th February 9:30-12:30

Designed to introduce those who are involved in supporting change and transformation in Primary Care settings to the benefits of the OD (Organisation Development) technique of looking at change through different lenses.

[Click here](#) for more information and to register

South East Leadership and Lifelong Learning

Primary Care Leadership Support

*The following offers are available to
support Primary Care colleagues to
lead in times of transition.*

The Psychology of Now – Supporting You and Your Teams -

A series of two sessions aimed at colleagues responsible for supporting / leading / managing others in their Practice or PCN. Designed to provide you to connect with peers, share experiences and gain the opportunity to learn new tools and approaches to support yourself and your practice teams.

The sessions are facilitated by *Rebekah Giffney*. For more information about the sessions see below:

Supporting yourself and your Team – Behaviours and the challenge of everyday interactions

- 18th January 10:00-12:00 – [click here](#)
- 9th February 10:00-12:00 – [click here](#)

Sustaining a Good Team Culture – Moving Forward Together

- 26th January 10:00-12:00 – [click here](#)
- 16th March 10:00-12:00 – [click here](#)



Leadership Academy

South East

Facilitated Learning Sets for PCN Managers

14th January, 23rd or 24th February, 29th March

Facilitated by *Dr Jeanne Hardacre*, these sessions are an opportunity for PCN Managers to come together in a learning space shaped to their needs, recognising the diverse challenges that they are dealing with at this time.

Two Learning sets will run across 3 dates each. For more information, dates and to register, see below:

[Click here for set 1](#)

[Click here for set 2](#)



